

AbilityNet



FREE tech support for older and disabled people

Technology has never been more needed than at this challenging time. It can help to reduce loneliness and social isolation by connecting you to family and friends.

But it doesn't always work for everyone.

AbilityNet is a UK-wide charity with a 20+ year history of promoting a digital world accessible to all. We work with older and disabled people to help them make the most of their devices whether it's a laptop, tablet, desktop or phone. Our team of friendly, DBS-checked volunteers can offer support for making the devices work best for you.



We go at your pace, and our aim is to help you learn how to do things for yourself. All our advice is impartial.

Call 0800 048 7642 or visit www.abilitynet.org.uk